

Workshop 2 – „Roles of women”

For girls between 15 and 18 years of age (group of exactly 10 girls)

The AIM of the workshop:

To enable female students to dwell upon the most important spheres of their lives from a female perspective. The spheres are: marriage and family; - love and relationships, getting married; - having a job, professional success; - involvement in the public sphere, women in the authorities, women in power; - personal development – intellectual, physical, spiritual/religious

Teaching goals:

To inspire female students to discover their own path or help them become persistent in their choices.

Expected learning outcomes for the girls:

Knowledge:

- They know Polish and Indian heroines.
- They know how women and their role in society were perceived in the times of their grandparents, parents and how they are perceived today.
- They better understand which spheres of life are important for them and how they want them to develop.

Skills

- They see and understand generation differences as to what the role of women in society should be.
- They are able to differentiate between women's actions in their private and public lives.

Attitude

- They are aware that they can make their own choices and become authors of their own life stories.
- They believe that women can be heroines and important figures in the public life.
- They know that they are not alone in their concerns and dreams.
- They feel that what they think can be put into practice.

Methods

Discussion, conversations in pairs, conversations in intimate atmosphere, text analysis.

Necessary materials

Cards to analyze the texts (set 1)

Classroom prepared for the workshop: participants sit in a circle on pillows, they can be offered tea and candles can be lit – it is crucial to achieve intimate atmosphere. The group cannot exceed 10 participants.

Time: 3 h

Time	What (titles, topics, contents)	Why (goals, expected outcomes)	How module's description – steps, intervals, what the trainer has to take into account, other comments
5 min	Introduction	Introduction to the topic, getting acquainted with the roles.	The trainers introduce themselves. They say: <ul style="list-style-type: none">- who they are,- why they chose the subject,- why the workshop takes place in a given location,- and why with these students. The students introduce themselves. The trainers talk about workshop goals and expected outcomes (do not talk about those concerning attitudes).
20 min	Storytelling – on the role of women in family	Creating intimate atmosphere, introduction to the discussion on	s about their families in order to show different roles of women in <i>he is very proud of raising 4 children. She considers herself ke cigarettes. My mum studied at the university and focused on her</i>

	„different worlds – different points of view: grandma and me”	generational differences in women’s roles.	es, aromas and flavors. The trainer can sing a song or tell a poem in order to
15 min	Participants’ stories – work in pairs	Talking about generational differences in understanding the role of women in basic spheres of their lives. Relating the differences to one’s own life.	The participants work in pairs. Each pair has one topic which serves as a basis for the participants’ stories about generational differences (or lack thereof) in their families. Question: <i>How do women live now and what your grandmother, mother and you think about it? Discuss all the spheres.</i> 5 topics: marriage and family love, relationships, getting married professional career, success work in the public sector, women in the authorities, women and power personal development – intellectual, physical, spiritual
40 - 60 min (depends on the students’ involvement)	Participants’ stories – discussion	Understanding the differences. Talking about one’s own experience, dreams, and aspirations. Making	We talk about all 5 topics – we share our stories with others. Question: <i>Which pair wants to be first?</i> Each pair presents their stories and draws conclusions. The trainers encourage other participants to comment and share their own stories, opinions and feelings with others. Each pair presents their topic.

		<p>participants aware that they are not alone. Receiving feedback from others.</p>	<p>Everybody listens to each of the participants.</p> <p>One of the trainers makes notes (or memorizes) recurring motives.</p> <p>At the end of the discussion, the trainer asks: <i>How have women's lives and their role in society changed during the lives of the last three generations? How has it evolved in the public sphere and how has it changed in the private one?</i></p>
5 min	Break		

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